
ABOUT ME



I am a counsellor who works with Current Life Regression Therapy, Past Life Regression Therapy and Between Lives Spiritual Regression.

My own life experience has led me to my vocation of hypnosis and regression therapy. My personal experience with healing through past lives has been truly life-changing for me. I also worked for 29 years as a counsellor in the school system supporting students and their families in dealing with issues ranging from career exploration to the spectrum of trauma.

My goal is to support the movement of others into these deeper terrains to uncover, release, and heal unconscious issues. I support clients and their soul healing, so they may develop their higher potentials and access greater joy and well-being in this lifetime.



CREDENTIALS

B.Ed., M.Ed. (Counselling)

Diploma Regression Therapy

Certification in: Hypnosis and
Between Lives Spiritual Regression

Advanced Vibrational Energy
Training

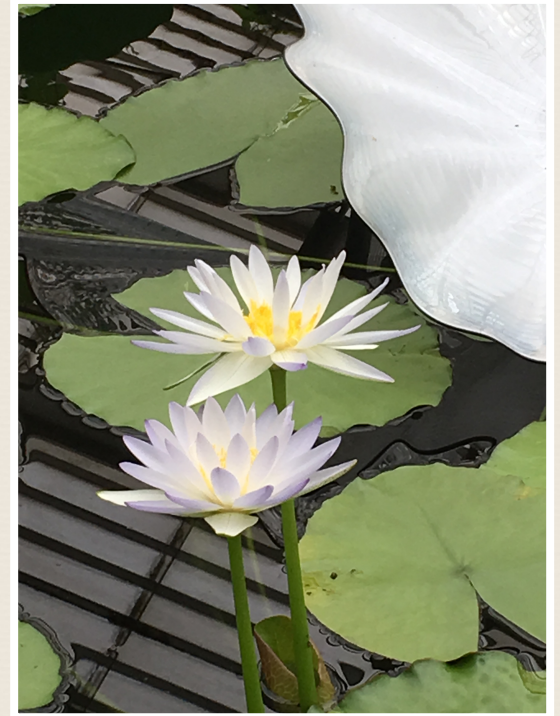
Brian Weiss certificate in Past Life
Therapy Professional Training

Reiki Therapist



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REGRESSION THERAPY
COUNSELLING
ENERGY WORK

Explore. Understand. Heal. Thrive.





TESTIMONIALS

My sessions with Susan have been life changing. Initially I saw Susan for my lifelong struggle with insomnia, experiencing dramatic results after 3 sessions. Her sensitive and capable guidance has helped me to see my life as a beautiful opportunity for healing and spiritual growth. — Sue

I have been most fortunate to experience past life sessions, hypnosis sessions and inner child sessions with Susan. In all instances I find her to be empathetic, professional and competent in her skills. Each session left me with profound changes that facilitated a deeper enrichment in my personal and spiritual life. Her gift is unique and I feel blessed to have the opportunity to be a client. — Camille

YOUR LIFE, YOUR HEALING

Each person's needs for deepest healing are unique. The path to empowerment may be through one of these therapies, or through a combination of several. Together, we will design your own personal spiritual journey.



PAST LIFE REGRESSION: 3 HOURS, \$175

This therapy uses hypnosis to go to a past life that is the source of your concern. Using various transformational methods, you come to understand the energy, emotion and lessons to release them for good. This shifts the issue in the current life allowing life to flow and unfold.

PROXY REGRESSION: 3 HOURS, \$175

There are times when regression is not possible due to very young or advanced age, poor health, mental illness, or other reasons. In these cases, with permission, someone close to the person seeking help may serve as their proxy and go through the process for them. The sessions often benefit both the person in search of healing and the proxy.

BETWEEN LIVES SPIRITUAL REGRESSION: 2 SESSIONS, 3-4 HOURS EACH, \$450

Through hypnosis, you take your own unique journey to the Spirit Realms to meet your Spirit Guides, soul mates, and Elder Council. Through these connections you may learn about life purpose, soul's work and get answers to deeply personal questions.

COUNSELLING: \$75/HOUR

Sometimes discussing your explorations in depth can be very helpful to get yourself re-aligned and support the integration of the regression sessions.

CURRENT LIFE AND INNER CHILD HEALING: 3 HOURS, \$175

Suppressed or forgotten events, or challenging current-life memories are brought to the surface to be understood and healed. Issues that have followed us our whole lives from the time of initial wounding are illuminated and released so they no longer impact daily life.

ENERGETIC SUPPORT: \$75/SESSION

Energy healing is beneficial for physical and emotional well-being. It can also be supportive in releasing energy that comes up after a regression session. This can be done in person or remotely.